



# RETFORD

## SWIMMING CLUB

FOUNDED 1896

AFFILIATED NOTTS A.S.A & SWIM ENGLAND MIDLAND REGION

## 28TH ANNUAL OPEN MEET

### L3 LICENSE 3EM230492

SHORT COURSE MEET

HELD UNDER SWIM ENGLAND REGULATIONS & TECHNICAL RULES

# SUNDAY 18<sup>TH</sup> JUNE 2023

PONDS FORGE INTERNATIONAL POOL, SHEFFIELD.

### EVENTS:

9,10,11,12,13,14,15 YRS & OVER

50M BACK, BREAST, FLY & FREE

100M BACK, BREAST, FLY, FREE & IM

200M FREE & IM

AGE ON DAY.

Entries: - £6.75 per Event

Awards for first 6 places in all events

Entries on a first come basis, so please don't delay!

*Closing Date for Entries: **Sunday 14<sup>th</sup> May 2023***

**Further Information / Entry Forms from:**

**MS ALISON ATKINSON**

24 Tor Lane Ollerton Newark Nottinghamshire NG229BT

Telephone: 07857 461960 Email: [openmeets@retfordswimmingclub.org.uk](mailto:openmeets@retfordswimmingclub.org.uk)



# RET FORD SWIMMING CLUB

28<sup>TH</sup> ANNUAL OPEN MEET

## PROGRAMME OF EVENTS

(Under Swim England Regulations & Technical Rules)

SUNDAY 18<sup>TH</sup> JUNE 2023

PONDS FORGE INTERNATIONAL POOL

ALL EVENTS ARE HEAT DECLARED WINNERS

ENTRY FEE: £6.75 PER INDIVIDUAL EVENT

AGE ON DAY – 18<sup>th</sup> June 2023

### SESSION 1 – 9.00 am Start

#### WARM UP

Boys 8.25 - 8.40 am

Girls 8.40 - 8.55 am

#### EVENT

101	Boys	9 Years & Over 200m Free
102	Girls	9 Years & Over 50m Breast
103	Boys	9 Years & Over 50m Breast
104	Girls	9 Years & Over 100m Free
105	Boys	9 Years & Over 100m Free
106	Girls	9 Years & Over 50m Fly
15 minute comfort break		
107	Boys	9 Years & Over 50m Fly
108	Girls	9 Years & Over 100m Back
109	Boys	9 Years & Over 100m Back
110	Girls	9 Years & Over 100m IM
111	Boys	9 Years & Over 200m IM
FINISH - 12.45 pm approx.		

### SESSION 2 TBC

#### WARM UP

Girls TBC

Boys TBC

#### EVENT

201	Girls	9 Years & Over 200m Free
202	Boys	9 Years & Over 50m Back
203	Girls	9 Years & Over 50m Back
204	Boys	9 Years & Over 100m Breast
205	Girls	9 Years & Over 100m Breast
206	Boys	9 Years & Over 50m Free
15 minute comfort break		
207	Girls	9 Years & Over 50m Free
208	Boys	9 Years & Over 100m Fly
209	Girls	9 Years & Over 100m Fly
210	Boys	9 Years & Over 100m IM
211	Girls	9 Years & Over 200m IM
FINISH – 5.45 pm approx		

**SPEEDING TICKETS WILL BE ISSUED TO THOSE WHO EXCEED THE DESIGNATED FASTEST ENTRY TIME (DFET) BY 2 SECONDS OR MORE**

**FINAL ARRANGEMENTS WILL BE NOTIFIED WHEN ENTRIES ARE CONFIRMED VIA THE CLUBS WEBSITE.**

**Open Meet Promoter / Co-Ordinator**

**MS ALISON ATKINSON**

**24 Tor Lane Ollerton Newark Nottinghamshire NG22 8AB**

**07857 461960**

**openmeets@retfordswimmingclub.org.uk**



# RET FORD SWIMMING CLUB

Established 1896,  
Affiliated Notts A.S.A., Swim England Midlands Region

Swim21  
Accredited

## 28<sup>th</sup> ANNUAL OPEN MEET

SUNDAY 18<sup>th</sup> JUNE 2023

BOYS							GIRLS							
9	10	11	12	13	14	15 / Over		9	10	11	12	13	14	15 / Over
36.0	33.0	30.0	29.0	25.0	24.0	23.0	50 Freestyle	36.0	33.0	30.0	29.0	25.0	24.0	23.0
58.0	55.0	50.0	45.0	38.0	35.0	34.0		58.0	55.0	50.0	45.0	40.0	35.0	34.0
1.13.0	1.09.0	1.0.0	1.00.0	58.0	54.0	52.00	100 Freestyle	1.13.0	1.09.0	1.05.0	1.00.0	<b>58.0</b>	54.0	52.0
1.45.0	1.43.0	1.40.0	1.35.0	1.20.0	1.15.0	1.10.0		1.45.0	1.43.0	1.40.0	1.35.0	1.30.0	1.25.0	1.15.0
2.42.0	2.30.0	2.20.0	2.10.0	2.05.0	2.00.0	1.55.0	200 Freestyle	2.42.0	2.30.0	2.20.0	2.10.0	2.05.0	2.00.0	1.55.0
3.28.0	3.20.0	3.20.0	3.10.0	3.00.0	2.45.0	2.35.0		3.28.0	3.20.0	3.15.0	3.10.0	3.00.0	2.45.0	2.35.0
44.0	41.0	39.0	35.0	32.0	30.0	29.0	50 Breaststroke	44.0	41.0	39.0	35.0	32.0	30.0	29.0
1.20.0	1.20.0	1.10.0	60.0	55.0	48.0	40.0		1.20.0	1.20.0	1.10.0	60.0	55.0	48.0	40.0
1.34.0	1.33.0	1.29.0	1.24.0	1.20.0	1.15.0	1.10.0	100 Breaststroke	1.34.0	1.33.0	1.29.0	1.24.0	1.20.0	1.15.0	1.10.0
2.20.0	2.18.0	2.10.0	2.05.0	2.00.0	1.55.0	1.45.0		2.20.0	2.18.0	2.10.0	2.05.0	2.00.0	1.55.0	1.45.0
39.0	34.0	33.0	32.0	30.0	27.0	25.0	50 Butterfly	39.0	34.0	33.0	32.0	30.0	27.0	25.0
1.20.0	1.15.0	1.10.0	60.0	50.0	40.0	38.0		1.20.0	1.15.0	1.10.0	60.0	50.0	40.0	38.0
1.23.0	1.20.0	1.17.0	1.10.0	1.05.0	1.03.0	1.02.0	100 Butterfly	1.23.0	1.20.0	1.17.0	1.10.0	1.05.0	1.03.0	1.02.0
2.00.0	1.58.0	1.55.0	1.45.0	1.40.0	1.30.0	1.20.0		2.00.0	1.58.0	1.55.0	1.45.0	1.40.0	1.30.0	1.20.0
42.0	37.0	34.0	33.0	31.0	28.0	26.0	50 Backstroke	42.0	37.0	34.0	33.0	31.0	28.0	26.0
60.0	55.0	55.0	50.0	45.0	43.0	40.0		60.0	55.0	55.0	50.0	45.0	43.0	40.0
1.23.0	1.19.0	1.15.0	1.13.0	1.05.0	1.00.0	55.00	100 Backstroke	1.23.0	1.19.0	1.15.0	1.13.0	1.05.0	1.00.0	55.0
2.00.0	1.58.0	1.55.0	1.50.0	1.45.0	1.40.0	1.30.0		2.00.0	1.58.0	1.55.0	1.50.0	1.45.0	1.40.0	1.35.0
1.33.0	1.20.0	1.18.0	1.14.0	1.09.0	1.07.0	1.04.0	100 I.M.	1.33.0	1.20.0	1.18.0	1.14.0	1.09.0	1.07.0	1.04.0
2.00.0	1.55.0	1.55.0	1.50.0	1.45.0	1.40.0	1.30.0		2.00.0	1.55.0	1.55.0	1.50.0	1.45.0	1.40.0	1.30.0
3.04.0	3.00.0	2.40.0	2.30.0	2.20.0	2.15.0	2.10.0	200 I.M.	3.04.0	3.00.0	2.40.0	2.30.0	2.20.0	2.15.0	2.10.0
4.00.0	3.58.0	3.55.0	3.30.0	3.25.0	3.00.0	2.45.0		4.00.0	3.58.0	3.55.0	3.30.0	3.25.0	3.00.0	2.45.0

**ALL ENTRIES SUBMITTED MUST HAVE ACHIEVED THE LOWER QUALIFYING TIME AND BE NO FASTER THAN THE UPPER QUALIFYING TIMES IN A 25m POOL**



# RET FORD SWIMMING CLUB

## 28<sup>th</sup> ANNUAL OPEN MEET

### PROGRAMME NOTES

**VENUE:** Ponds Forge International Pool, Sheffield  
**The Pool:** 10 Lanes, 25 metres, Electronic Timing, Anti Wave Lane Ropes, and Swim shop.  
No outdoor shoes may be worn on the poolside, but footwear must be worn in the spectators' galleries and outside the pool marshalling area.

#### MEET ORGANISATION

**Meet Co-ordinator:** Alison Atkinson. 24 Tor Lane Ollerton Newark Nottinghamshire NG22 9BT  
Tel: 07857 461960 Email: [openmeets@retfordswimmingclub.org.uk](mailto:openmeets@retfordswimmingclub.org.uk)

**The Meet is held under Swim England Regulations & Technical Rules. Level 3 License Number 3EM230942**

The Referee's decision is final.

Team Managers or Coaches are responsible for the behaviour and whereabouts of their Swimmers at all times.

The organisers do not accept liability for lost property.

All Entries and Swimmers Data will be held on computer; Entry to the Meet implies consent as required by the Data Protection Act 1998. Results and Swimmers Data will be submitted to the ASA & displayed on our Club Website.

Any point not dealt with by these notes will be at the discretion of the organisers.

#### Awards

All Events are Heat Declared Winners. Heats will be arranged and Spearheaded according to the Entry Times.

Awards will be awarded to the top six places in all individual Age Groups per Event.

Speeding Tickets will be awarded to all who exceed the Designated Fastest Entry Time (DFET) by 2 or more seconds.

Swimmers may collect their Awards from the Trophy Steward before the end of the meet. Awards will not be posted out after the event.

Top Club Award to be presented at the end of the last session and will be based on a point scoring system 6 points for 1st place, 5 for 2nd place, etc. Speeding Tickets and Disqualification: - 0 points (**Retford SC are excluded from this Award.**)

#### ENTRIES

**Age on Day 18<sup>th</sup> June 2023**

**CLOSING DATE FOR ENTRIES, SUNDAY 14<sup>th</sup> May 2023**

All Swimmers must be Swim England Category 2 registered (or registration applied for in good time for the Meet)

The promoter reserves the right to limit the Entries in any Event. Entries will be accepted on a first come, first served basis.

Entries must have achieved the qualifying time. Entries exceeding the designated fastest times may be rejected

If a session is oversubscribed, the promoter reserves the right to close entries early

Over the top/side by side starts may be used at the promoter's discretion.

If a similar number of entries are not received for each session, the start of the second session may be subject to change.

Any changes will be published on our clubs website and on our clubs FaceBook page.

No entries will be accepted after the closing date or during the meet unless due to the promoter's error or omission, or at the discretion of the promoter to fill the meet.

Refunds for rejected entries will be returned via your club secretary. No refunds will be made for cancellation of accepted entries after the meet closes.

**Payments via BACS using the below details**

**Account No- 91263131**

**Sort Code – 60-17-28**

**Refer -club name or individual name**

**Separate Entry Forms are required for Boys & Girls**

**Email Entries are preferred and will be provisionally accepted, subject to receipt of BACS for Fees.**

**The SportSystem Entry File is available from our clubs website [www.retfordswimmingclub.org.uk](http://www.retfordswimmingclub.org.uk)**

Confirm Entries by checking our website shortly after the closing date, any errors please contact Ms Alison Atkinson ASAP

#### Withdrawals

Any swimmer wishing to withdraw from the morning session must do so by emailing

[openmeets@retfordswimmingclub.org.uk](mailto:openmeets@retfordswimmingclub.org.uk) no later than 6pm Saturday 17th June 2023. Withdrawals for the afternoon session must be done by Text **07857 461960** before 11 am on the 18<sup>th</sup> June 2023.

#### Coaches Passes

Coaches Passes - £10.00 each. Max 4 Coaches Passes per Club. Packs include a pass, warm up info and start lists for both sessions. All coaches must be fully CRB checked by their club.

For child protection, no person, unless displaying a valid pass, will not be allowed on poolside, at any time.

Coach Passes must be pre-ordered. For reasons of child Protection packs will **NOT** be sold on the day.

#### Results

Results will be available after each event on the Clubs website [Retford Swimming Club Home \(teamunify.com\)](http://RetfordSwimmingClubHome(teamunify.com))

#### ON THE DAY

Swimmers must report to the Competitors' Stewards Two Events before their own Event, except for Event 1 & 2 when it will be immediately after 1<sup>st</sup> warm up.

All heats will be spearheaded.

#### Spectators

Spectator Admission - £8.00 all day,

Children under 14 £5.00 all day Under 5s free.

There will be **NO PROGRAMS AT THIS MEET**. Start lists will be available to view via the like on our clubs website on the day.



# RETFORD SWIMMING CLUB

## 28<sup>th</sup> ANNUAL OPEN MEET

**Dear Fellow Swimming Club Member**

As with all Swimming Meets & Galas our Open Meet would not run as smoothly, without the full help & support which is given each year by other Club's & their Officials. With this in mind I would once again like to ask for your help in ensuring that we have enough Officials to run this year's Meet. If there are any Qualified Officials in your Club who intend coming to our Open Meet and are willing to offer their services to help us poolside on the day we would be very grateful for their assistance.

We would ask clubs to supply 1 Licensed Official for every 10 swimmers, we appreciate that for some clubs this is not possible.

It would help us greatly if anyone offering their services could complete the slip below and return it with their Club Entries as soon as possible.

Looking forward to seeing you on the day,

**Marjolein Templeton**

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Name \_\_\_\_\_ Tel No. \_\_\_\_\_

Email: \_\_\_\_\_

Club Retford Swim Club\_\_

I can offer my services at your Meet as: Referee  Judge  Timekeeper

Please tick  as appropriate

***On behalf of 'Retford Swimming Club' I would personally like to thank you in advance for any assistance you may be able to offer.***

**Please return to: Mrs Marjolein Templeton 6 Stocks Fold, East Markham,  
Newark, Notts. NG22 0RX  
Telephone; 01777 872617 email: marjolein2@btinternet.com**



# RETFORD SWIMMING CLUB

Established 1896,  
Affiliated Notts A.S.A & Swim England Midland Region

## 28<sup>th</sup> ANNUAL OPEN MEET

SUNDAY 18<sup>th</sup> JUNE 2023

### ENTRY FORM – **BOYS / GIRLS**

**PLEASE USE ONE SHEET FOR EACH SEX**

**PLEASE PRINT CLEARLY**

Surname	Forename	D.o.B.	ASA Reg No	Back 50m	Breast 50m	Fly 50m	Free 50m	Back 100m	Breast 100m	Fly 100m	Free 100m	Free 200m	IM 4 x 25m	IM 4 x 50m

Club Name \_\_\_\_\_

No of Events Entered **£6.75**

Contact Name \_\_\_\_\_

Coaches Passes **£10**

Contact Address \_\_\_\_\_

Tel No: \_\_\_\_\_ **TOTAL AMOUNT ENCLOSED** \_\_\_\_\_

Post Code \_\_\_\_\_

Payments via BACS using the below details Account No- 91263131 Sort Code – 60-17-28 Refer -club name and individual name

E mail address \_\_\_\_\_

**Email Entries preferred & accepted provisionally, subject to receipt of payment for total fees**

Please return completed Form to: Ms Alison Atkinson. 24 tor Lane Ollerton Newark NG22 9BT

Telephone; 07857 46196 emails: openmeets@retfordswimmingclub.org.uk

Confirmed entries will posted on our Clubs website. Errors to be reported as soon as possible to Alison by emailing: openmeets@retfordswimmingclub.org



# RETTFORD

## SWIMMING CLUB

FOUNDED 1896

AFFILIATED NOTTS A.S.A & SWIM ENGLAND MIDLAND REGION

## PETER JERVIS FOUNDATION OPEN MEET

### 15TH ANNUAL ONE DAY LEVEL 3 LICENSED MEET

Licence Number: To Follow

Short Course Meet

Held Under Swim England Regulations & Technical Rules

## SUNDAY 15<sup>TH</sup> OCTOBER 2023

### Retford Leisure Centre – 25m 6 Lane Pool

Boys: 9 yrs & Over  
All Events

Girls: 9 yrs & Over  
All Events

Awards for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>  
In all Events within Age Groups; 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs &  
16yrs/over

**ENTRIES £6.75 per Event**

**Closing Date for Entries: Friday 30<sup>th</sup> September 2023**

Due to large amount of interest Entries are First come First served so please get your Entries in as soon as possible.

**Further Information & Entry Details Please Contact:**

**Ms. Alison Atkinson**

24 Tor Lane Ollerton Newark Nottinghamshire NG22 9BT  
Tel: 07857 461960 Email: [openmeets@retfordswimmingclub.org](mailto:openmeets@retfordswimmingclub.org)

*Clubs using SportSystems Software Contact the Pomoter*

[www.retfordswimmingclub.org.uk](http://www.retfordswimmingclub.org.uk)